

Day #21, Activity #21

Stir-Crazy Yet?

“We are all sentenced to solitary confinement inside our own skins, for life.”

—Tennessee Williams, playwright

It’s been three weeks since most of us have been hunkering down, self-isolating, sheltering in place, self-quarantining, and simply staying at home. It’s not an easy task by any stretch of the imagination, but we are all trying. Despite our best efforts at keeping busy, many of us have moments of going “stir-crazy.”

Write about it:

Today’s writing is a simple question: What do you do when you go stir-crazy?

Or

Make a list of 25 things you could do when you go stir-crazy. Then do one of them.

Or

Email all your friends and find out what others are doing when they go stir-crazy. Then make a top-ten list.